The Age of Exploration was one of the most enchanting time periods in human history. During this era, explorers took to the sea both in search of knowledge and economical gain, as well as for the purpose of christian evangelism. One of the more impactful historical figures of the era was maritime explorer Juan De Fuca. My thesis is centered around a short collection of poems about Juan De Fuca’s journey to find the mythic Strait of Aniàn. These poems are based on historical record, and are also at the same time very much so a reimagining of that record. At times, they engage with known historical events, and at others with what I imagine Juan De Fuca’s personal experiences to be. Because of the nature of these poems, I had to complete a substantial amount of historical research. Therefore, my critical introduction focuses on the ways in which historical poets interact with research; and more specifically how they deal with the issue of verisimilitude through finding a balance between historical fact and imagination. It also examines how these problems are different for historical poets than for historical novelist. Overall, these poems are a way to engage with history, and to connect with a historical figure about whom there is very little known.